

## Testing Information

If your name is on the list, Go to the front desk & get a Test Application.  
Once you got green stripe, you will be able to return test application with exam fee.  
Friday of week before testing is the due date for the application & fee.  
There will be a \$10.00 late charge for any application received after that day.  
We do not accept applications after Wednesday of testing week!!!

### Checklist:

Have you attended the required number of classes for your belt level and Stripe Program?  
Do you know all of your testing techniques?  
Do you know the due date for turning in your test application?  
Do you know when the make-up test are if you need to attend one?  
Do you know what to do after testing?

## Testing Requirements

Rank	Attendance (Children & Adults)	Stripe (Children Only)
<b>White- Sr. Yellow</b>	16 Classes or More	Blue Stripe – Read 5 Books
<b>Green – Sr. Green</b>	20 Classes or More	Blue Stripe – Read 5 books Black Stripe – 30 home job points Red Stripe – Adequate school report card Yellow Stripe – Good Behavior.
<b>Blue ~ Sr. Blue</b>	24 Classes or More	
<b>Brown – Sr. Brown</b>	28 classes or More	
<b>Red – Sr. Red</b>	32 classes or More	
<b>Black</b>	36 Classes or More	

### What is testing?

In order for you to earn your next rank, a certified Han Kook Moo Yae examiner in front of witnesses must determine your progress in skills and knowledge. At the exam, all of the past hours of intense effort, training, and perseverance are rolled up into one demonstration of what you have accomplished so far. In addition, the promotional exam process builds self-confidence through expressing oneself with maximum effort. Exam preparation also teaches you to set and reach goals, a valuable skill in your everyday life.

### Who can test?

Testing eligibility is based on several criteria. The first criterion is based on your class attendance. For each belt level, there is a minimum number of practice hours/classes (see above table) you must complete before you are eligible to test. Without completing this requirement, you will not be prepared or eligible to test for your next rank. Please ask the Han Kook Moo Yae Staff Members about your attendance, and they can help you plan for the upcoming tests. The second criterion is based on your technique level. Individuals have their

own pace at which they are able to learn and absorb techniques. If you aren't confident that your level techniques are up to testing standards, ask your instructor. Your instructors can help you plan our practice hours/class times to that you can be prepared for testing.

### **What if I don't have enough practice hours/classes?**

If you don't think you will be able to meet the class requirements, there are many ways to obtain the practice you need to in order to test successfully. The most basic answer is to "practice more!" If you come to the dojang and workout before or after your class, you can get practice/class credit for that time. For more details on workout length requirements and how to receive your class credit, please stop by the office. Another option to accelerate your test preparation is Private Lessons. Private Lessons are 30 minutes for adults and children, and can accommodate up to 2 students. Because of the intensified instruction contact of Private Lessons they are equivalent to 2 classes per lesson. Please stop by the office for more information on Private Lessons.

### **What if I cannot take the first test or cannot meet the testing requirements?**

If for some reason your schedule makes it impossible to attend, or if impossible to make the test requirements by normal test, then there are Private test. These can give you the extra week that you need. The Private make-up test you can discuss with your instructor. Please remember to turn in your testing paper before the final due date. Please write on your testing paper which make-up test you are wishing to attend.

### **What are we testing on?**

The most basic answer to this question is the you are tested on what you have learned in class. When you test, judges are looking for specific things based on your belt level. The judges are looking to see what you have learned in class. Have you learned your curriculum properly? How are you applying what you have learned in class to your other techniques? This means that for each new technique you learn, you should also be applying previous knowledge to your current techniques. For beginners, judges look at your punching, power, balance, stance, and curriculum knowledge. For intermediate belts, they look for the same things as a beginners, as well as technique accuracy. For advanced students, they want to see the beauty in your techniques, while maintaining your punch, power, balance and stance.

### **What is double testing?**

Double testing is available to everyone, but with different criteria, We do not recommend this for everyone. If you are interested, the first step is to ask your instructors if they feel it would be beneficial for you to double test. Practice hours/class requirements are double the normal amount unless you have previous martial arts experience. If you have previous martial arts experience, please let your instructor know so that they can determine your current Han Kook Moo Yae technique level and plan your testing accordingly.

### **What happens after the test?**

If you pass your exam, then your test Result will be available at the Do-Jang the Wednesday after our test.

If for some reason you do not pass part of the exam, don't worry! You will be notified the following Wednesday of your Re-Exam date. Re-Exams are usually the Thursday following normal testing, during which time you can re-test on whatever portion of the exam you failed.

Following each test we have a belt ceremony, which is usually held 6:00Pm on Friday following normal testing. This will differ there is a special event, in which case everyone will be notified in events. The belt ceremony is a celebration of your achievement in Taekwondo. This is when your hard work recognized by your friends and peers, so please give the office written notice of your absence. We thank you for your diligence in this matter as it helps the belt ceremonies to run quickly and smoothly, making a great celebration of your achievement!